

DID YOU KNOW

National Trends

According to a recent American Express survey of business owners there have been changes in healthcare trends between Sep. 07 – Mar. 08.

Thirty-four percent don't offer healthcare coverage to employees, up 29 percent from last September.

Six percent have eliminated coverage altogether in the last six months, and six percent have reduced coverage.

Nine percent have required employees to pay a larger share of healthcare costs.

Twenty percent have been shopping for a new healthcare carrier.

N.I.P. is not alone in its struggle to meet the on going challenges of employee coverage.

COMMUNITY CLINIC

Congrats to the Clinic on the accolades that they received from the State of Minnesota Department of Health, SAGE and SAGE Plus personnel on the marvelous job they have done and the results achieved with our clients. Because of this, the State chose our clinic as showcase location to bring the Center for Disease Control (CDC) out here to review our clinic and program. Donna Litecky, Laura Spack and Laura Mitchell represented the clinic beautifully. Two of our clients were also willing to come in a provide context of their results and the impact it has had on their lives and overall health! On behalf of our clients and everyone connected to the agency, please join me in thanking everyone involved in making this happen. Though not present in the meeting, I am aware that Diana Drake and Meg Larson have also played key roles in bringing this program forward. All of our nurses, NP's, doctors, etc. have been critical in achieving these great results!!!

1ST ARTIST DAY AT THE N.I.P. CLINIC

On November 15th over 60 artists and musicians participated in the 1st ARTISTS SCREENING DAY sponsored by Springboard for the Arts and N.I.P. Springboard underwrote the cost of the tests and N.I.P. supplied the reception, nursing and physician staff. The Goal was to encourage artists, identified by Springboard for the Arts, to get some or all of the base line services listed below. During this time artists will also receive suggestions of life style changes or be encouraged to seek additional treatment if needed, either here at N.I.P. or at another community organization. Some of the tests that will be offered are:

HIV Testing	Cholesterol/glucose testing	Pregnancy tests	Flu shots
Tetanus	Diphtheria shots		
Eye/hearing test	Heights/weight		
Blood pressure checks			

HEALTHCARE BEGINS OFF-SITE

SABATHANI COMMUNITY CENTER

The Clinic will be hosted three Flu Clinics this year in 2008; the first one is to be held at *Sabathani First Access Health Clinic Children s Clinic, The Bridge, Center for Families* over ### were given.

DENTAL PROGRAM

The N.I.P. Dental Program received its biggest grant ever. The State of MN awarded over \$300,000 (over 3 years) to meet the increasing need for dental services for the uninsured. The N.I.P. Dental Program has provided dental care, through volunteer dentists, for over 25 years. This professional care has allowed the uninsured the opportunity to access affordable dental care. This grant will allow the N.I.P. Dental Program to almost double the number of clients we currently serve.

COUNSELING CENTER

New Mental Health Director

Shannon Schmidt, has accepted the position of our N.I.P. Mental Health Director. Shannon has her doctorate of Psychology from the University of St. Thomas and is a licensed Psychologist. She has been an Assistant Professor and the Director of Practicum Training at the Minnesota School of Professional Psychology at Argosy University. She has held many positions with various educational and community based services. Examples: The U of M School of Social Work, TRUST Family Center, The Domestic Abuse Project (DAP), Amherst Wilder Foundation, Crisis Intervention Program of Dakota County, Lutheran Social Services, Washburn Child Guidance Center, The Bridge, etc. Shannon is very committed to the students, our clients and our community. What a gift!!!

INTERN PROGRAM GROWING

The Grad Students are moving to the basement to give them more room to spread out. Many of the staff in the basement is being relocated to various parts of the building; Heather and John will be going to the third floor.

Starting the first week in September we hope to have evening on-call coverage for the mental health programs. There will be on graduate student on-call from 5-8 Monday through Thursday evenings with a staff person available to back up the student. The students will be able to do telephone intakes and walk-ins during these hours.

DEPRESSION SCREENING

October 10th is National Depression Screening Day. Numerous volunteers will be available at both N.I.P. locations to do screenings. In addition 7 of our students, volunteers and staff have volunteered to help Normandale College run their Depression Screening on Oct 22. They expect up to 170 students to be screened.

RSAC

New RSAC volunteers completed their 40 hour training in September and are already staffing the phone room and the 24 hour crisis line. These wonderful volunteers also do phone intakes for all mental health programs and provide resource information and a variety of administrative tasks.

APRIL IS SEXUAL ASSAULT AWARENESS MONTH

During the month of April, Rape Crisis Centers around the USA bring awareness to the issues of sexual violence and its impact on our world. Remember: Sexual violence thrives in silence. The biggest thing you can do to stop sexual violence is talk about it.

YOUTH

YOUTH PROGRAMS REQUESTS

Every year N.I.P. in collaboration with the Pohlad Foundation provides scholarships for our youth to go camping and every year we need of some supplies! This last year 27 campers received scholarships to attend YMCA, Circle R Ranch, and Lincoln camps. Youth that attend camp must be part of N.I.P. after school program and then be selected by N.I.P. staff to attend. 95% of these youth are living at or below 100% of the poverty level, so their families are not able to supply even the basics needed to enjoy camp.

Please check out the list and see if there is an item you can help out this coming summer.

Ponchos	Disposable cameras
Sleeping bags/blankets	Body soap
Duffel bags	Lotion
Bug spray	Towels
Pillows	T-shirts (size 10/12 adult sizes) any color

The Youth Program serves youth in 3-12th grade attending Cityview, Lucy Craft Laney, and Henry schools. We are also exploring a tutoring program in collaboration with Folwell Park on Wednesday evenings. If anyone would enjoy being a guest cook on a Monday or Friday afternoon in Cooking Made Easy with Alex please contact him at [HYPERLINK "mailto:aleonard@neighborhoodinvolve.org"](mailto:aleonard@neighborhoodinvolve.org) \o "blocked::<mailto:aleonard@neighborhoodinvolve.org>" aleonard@neighborhoodinvolve.org.

YOUTH PROGRAMS UPDATE

It seems very early to say this, but it is time for us to get ready for the school year. The Youth Program provides school supplies to children that do not have supplies needed to begin school and be successful. Please see the list below for needed items. You may leave items with Linda or Patsy.

- Backpacks
- Notebooks (wide and narrow rule)
- Erasers
- Folders (with and without prongs)
- Glue (stick and liquid)
- Pencils
- Washable Markers (wide and thin)

The Youth Program would like to thank clinic volunteer Sue Johnson for donating a TI-83 graphing calculator. Please remember we are in need of these items for high school students to complete math assignments. Thanks! Individuals may also donate cash or checks and Youth Programs staff will purchase supplies. Thanks!
Please contact Kathy at 612-276-1526 to donate or if you have questions.

SENIORS PROGRAM

SENIORS PROGRAM DIRECTOR

Harvey Caldwell is the new Seniors Program Director effective July 30, 2008. Harvey's career includes work as a Geriatric program Director, Hospital Administrator, Health Care CEO, Consultant, Project Director and Recreation/Music Therapist in Illinois and Minnesota. He brings to the position broad experience working with seniors, program development, daily operations, and all aspects of private and government funding

SENIORS AND YOUTH PROGRAMS COLLABORATE

15 seniors enjoyed playing bingo, listening to accordion music, and eating a delicious lunch with Youth Program participants at the Center for Families Building on the North Side March 29th! Thanks to Youth Program and Seniors Program staff who organized this event! Thanks also to Corepower Yoga for providing volunteer support.

HOUSEKEEPING PROGRAM FOR SENIORS EXPANDS

On April 23rd, 8 N.I.P. housekeeping contractors attended an all day Informational Session on Home Health and Safety Assessments presented by Minnesota Visiting Nurse Agency and N.I.P. Senior Program staff. The housekeepers had an opportunity to learn new information, ask questions and meet each other. One housekeeper commented that: "It was nice to meet staff, cleaning people and learn more of what N.I.P. is involved in." Due to a generous grant from the Stevens Square Foundation, an MVNA nurse and Seniors Program staff will be able to visit and assess 50 N.I.P. clients, starting in May and going through August.

Seniors Program Partnership with Hands on Twin Cities Community Power Program
In an effort to reduce waste HOTC contacted Seniors Program staff to help distribute information to our older adult clients about living more "green". The goal is to raise awareness of cost effective ways that we can save our environment.

Volunteer News

June is typically the month with volunteers raking, weeding, painting, cleaning basements and washing windows. During the week of June 16th, the Seniors Program was *invited* to participate in two volunteer "events" by United Way's, United Caring Connection and Hands on Twin Cities. The United Way partnered with the Urban Financial Services Coalition to host a weeklong conference for minority youth aged 17 to 22 years, entering the financial industry. The Seniors Program was asked to provide three clients who needed assistance with painting and minor repairs to their homes. The youth were divided into 3 teams to compete to do the best job as well as cooperate as a team. So, we found our program modeling the reality television show "The Apprentice" with former star Randall Pickett coming to town to help judge the teams. HOTC Day included 37 volunteers providing service to 8 clients. These volunteers had such a good experience that many of them asked to return to help with more projects. Other volunteer groups included Urban Immersion, Urban Servants, Edina Realty IT Department, Stahl Construction, and Shepherd of the Valley Lutheran Church.

Seniors Program is busy coordinating our seasonal yard clean-up effort for clients in North and South Minneapolis. We have many requests for raking, shrub trimming, painting, window washing, minor home repair and more. Some of you may know Donna Kaplan, N.I.P. Board member and clinic volunteer. She is also a member of the social action committee and active member of Temple Israel. Donna loves to rake for a senior program client. Over the years they have formed a special bond through the raking opportunity. Please contact Debbie, Seniors Program Coordinator at 612-374-3322, if you're interested in volunteering. It's a great activity to do with a small group of 6 - 8 people.

NEW

AGENCY

N.I.P. and the Seniors Programs have entered an agreement with Senior Community Service Employment Program. Under this agreement Senior Community Service Employment Program recruits seniors to work for one year in a non-profit organization, with no cost to the non-profit. We have just begun the program and currently have 2 wonderful additions to our staff. One person will be providing noon coverage for N.I.P. phones, coverage for the Seniors Programs phone, and records assistance to the Mental Health Program. Another is providing onsite maintenance for N.I.P.'s south office and helping out in the senior's chore program.

The Seniors Programs anticipates 2 additional volunteer positions to be assigned in the very near future.

DOOMTREE BLOWOUT III @ the First Avenue

Benefit For-Artist Access to Healthcare - Healthcare for Twin Cities Artists

Doomtree has become one of the most highly regarded hip-hop collectives in the Midwest, thanks to innovative recordings, explosive live shows, and a relentless work ethic. This year we have chosen Artists Access to Healthcare, a joint program with the Neighborhood Involvement Program's (N.I.P.) Community Clinic and Springboard for the Arts, the program provides vouchers for low-cost healthcare for artists through the N.I.P. Community Clinic. This is a pilot program started in 2006 to help Twin Cities artist's access low-cost healthcare. Please visit the Springboard for the Arts web site at www.springboardforthearts.org or the N.I.P. web site [HYPERLINK "http://www.neighborhoodinvolve.org"](http://www.neighborhoodinvolve.org) www.neighborhoodinvolve.org to find out more about how to support artists in our community.

N.I.P. SPONSORS 1ST ANNUAL FRUIT BOWL

The first annual Fruit Bowl attracted over 400 people and was a tobacco, drug and alcohol free event for all ages. The event was collaboration between N.I.P., the Pride Institute and Lavender Health Network. There was bowling, food, entertainment and prizes (donated by GLBT-friendly businesses and organizations). We are encouraging all GLBTs, their friends and families to *come out* next year and have a great time. N.I.P. staff won overall best costume and most enthusiasm.

SABATHANI COLLABORATION

N.I.P. Clinic is pleased to announce that we are collaborating with Sabathani in South Minneapolis and are now receiving referrals from the Sabathani Children's clinic for specialty care and testing.

FUNDRAISING (will get total list from Leslie)

Grace-Trinity Community Church
Lake of the Isles
Westminster Presbyterian Church
Abbott Northwestern Hospital Foundation
Xcel Energy Foundation
Athwin Foundation
Otto Bremer Foundation
Delta Dental
Robins, Kaplan, Miller & Ceresi
RBC Foundation – USA
Kopp Foundation
Ameriprise
Margaret Rivers Fund
McKnight Foundation

Without the generous contributions from foundations, businesses and individuals like these, N.I.P. would not be what it is today. THANK YOU!

KOWALSKI'S MARKET SUPPORTS N.I.P. THROUGH "GROCERIES FOR GOOD CAUSES"

Jim and Mary Anne Kowalski began Kowalski's Markets in 1983 with the goal of creating a unique shopping environment and building lasting relationships with customers, employees and the community. They also wanted to create a place to contribute to local charities. Jim and Mary Anne gathered many ideas from community members and have put those ideas into action. N.I.P. has benefited from Kowalski's generosity.

Look for the Groceries for Good Causes boxes in the front of each store. Kowalski's will make donations to your favorite organizations based on the receipts placed in the participating organization's box. If you don't see a box for N.I.P., please speak to the store manager and ask that N.I.P. be included in this easy fundraising opportunity. Thank you Kowalski's!

STRATEGIC PLANNING UPDATE

With a generous donation from the Pohlad Foundation we have brought together Board and leadership team representatives who will work together with MAP for Non-Profits to put together a three year plan. The first phase of work is a review and analysis (internal and external) of current services. Various volunteer, staff, and community groups (congregations, funders, business partners, patients/clients, and community leaders) will also participate in this "environmental scan" through interviews, focus groups, and surveys. It was emphasized that the process will honor history while planning thoughtfully and intentionally for the

future. A work-plan will be developed, published, implemented through action plans, and integrated into continuous improvement initiatives.

40TH ANNIVERSARY

N.I.P. is celebrating its 40th Anniversary in 2008/09. Initially offering programs for youth, seniors and single parent families, N.I.P. added a health care clinic and a pioneering rape crisis center in 1972. Programs expanded to serve the entire metro area by 1985, when the agency moved to its current facility.

SITE VISITS

There were several site visits scheduled: CDC/State of MN-MDH for the Clinic's Sage-Plus Program; Hennepin County-Clinic; State of MN MDH/FPSP-Clinic; MAAA-Seniors Programs; MVNA-Seniors; and PRIDE for the Counseling Center with managers overseeing the implementation of some of our government contracts.

MAAA was here for the Seniors Program; MVNA meeting at their location; Backyard Project visit to N.I.P.; PPL meeting on Mental Health and Youth Programs held at Loring Bethlehem; Steven's Square mid-grant meeting here; Ann Gow and Linda Pippin participated in the PPA drug prescription access bus w/Montel Williams at Sabathani Community Center.
Thanks!

Westminster Church sent a representative to visit N.I.P. as part of their grant process. There have also been additional meetings and visits with Urban Ventures and various community based organizations (Southside Community Clinics, Q Health, Molar Express MN, Teen Challenge, Phillips Eye Institute, City officials and key Allina and Abbott personnel) on a Health and Wellness Collaboration, as well as a key meeting conducted at the Colin Powell Center. We were part of a meeting with the President and CFO of Abbott Northwestern Hospital and their key people from the Medicine Clinic, Community Relations, Children's Hospital, etc. at Abbott. Christie Hammes, from MAP came to the agency to prepare for the beginning of our Strategic Planning efforts. Jon Pekel met with staff on future collaborations and relationships regarding MY GROWTH PLAN at our north office.

MUSIC FOR MEDICINE:

IN MEMORY OF DR. SAM HALL

This year's MFM will be in memory of Dr. Sam Hall, a Community Clinic volunteer and a well respected member of the medical community.

DR. SAMUEL HALL

The N.I.P. Clinic extends sincere sympathy to the family of Dr. Samuel Hall who passed away peacefully in his sleep on July 19, 2008. Dr. Hall practiced medicine in the community for over 25 years and also served as the Head of Occupational and Environmental Medicine and Assistant Director for the Occupational Medicine Residency at Regions Hospital. He was a founder of statewide poison control services in Minnesota and helped craft the legislation which established the Minnesota Regional Poison Center in 1982, the first poison center in the state, and where he served as its Medical Director for 17 years. Dr. Hall was also an

adjunct professor for the University of Minnesota, training new physicians in his various specialties.

After his retirement from private practice, Dr. Hall volunteered at N.I.P. serving uninsured patients. Last year, Dr. Hall arranged for a tour of N.I.P. and introduced candidate Al Franken at N.I.P. on the first official day of his U.S. Senate campaign. Dr. Hall is remembered by clinic staff as being thorough and generous with his time and knowledge. His sense of humor and love of debate and discussion enriched those who had the privilege to work with him.

MUSIC FOR MEDICINE

The 2008 Music for Medicine was held November 16, 2008
at Hennepin Avenue United Methodist Church

Members of the MN Orchestra that performed were:

Eugena Chang	Sarah Kwak
Ken Freed	Celine Leathead
Chris Marshall	Beth Rapier
Michael Gast	David Williamson
Burt Hara	Matthew Young

This year's focus was fruit, cheese, desserts and coffee because of the timing of the event.

Silent Auction

Last year we did a small silent auction with about 12 items. This year exceeded 80 items from weekend getaways to custom jewelry.

30 YEARS OF VOLUNTEER SERVICE!

The N.I.P. Dental Clinic celebrates Dr. Craig Freeman's 30 years of volunteer service! Dr. Freeman began volunteering in September, 1978 when the dental clinic was first established. He has been in every N.I.P. building, through every move and remodel. He has volunteered longer than the tenure of any N.I.P. staff member. His dedication and commitment are unique! The quality dental services he has provided over the years are greatly appreciated!

Volun-touring: Looking around the neighborhood to find more volunteer opportunities for yourself and others.

Volun-teening: Volunteering is a great way for teenagers, or people of any age who lack job experience in a particular field, to get "hands on" experience in that field...a "live" résumé item in today's competitive job market.

Volun-teching: Using Technology to make volunteer work go smoother, faster and more efficiently.

We caution against engaging in, or falling victim to:

Volun-tearing: It's easy to get choked up over a rewarding volunteer experience, but it's not always appropriate, especially in a public setting.

Volun-torching: Belittling or casting aside someone else's volunteer work because you're sure yours is better...even if it is.

Volun-tiffing: Picking a fight with a fellow volunteer. It can only lead to trouble.

THANK YOU TO ALL OF OUR WONDERFUL N.I.P. VOLUNTEERS!!!

April is Volunteer Recognition Month!!! Please join me in thanking all of our wonderful volunteers who make N.I.P. services possible. In 2007, we had 2,707 volunteers providing over 44,798 hours of service! That is truly amazing! Without the strong partnership and collaboration of our N.I.P. staff and volunteers...the services that N.I.P. would be able to deliver to our clients...would be dramatically affected. Again, on behalf of staff, board and our clients THANKS to ALL for YOUR TIME and COMMITMENT to N.I.P.!!!!